# ART LIFE COACH CERTIFICATION

## Undra Uphoff

HAS SUCCESSFULLY COMPLETED ART LIFE COACH CERTIFICATION

Course Content

Module 1: Introduction To Art Life Coaching

Module 2: Integrating Art And Coaching Techniques

Module 3: Improving Someone's Emotional State While Coaching With Art Therapy

Module 4: Set The Intention For An Art Therapy Session With Coaching Clients

Module 5: Facilitating Transformative Art Experiences

Module 6: Coaching-specific Applications Of Art Therapy

Module 7: How To Translate Insights From Art Therapy Into Tangible Actions

Module 8: Incorporating Dream Analysis And Free Association Into Coaching With Art Therapy

Module 9: Introduction To Art Therapy

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