

NATUROPATHIC COACH CERTIFICATION

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HAS SUCCESSFULLY COMPLETED NATUROPATHIC COACH CERTIFICATION

Course Content

Module 1: HOLISTIC APPROACH TO HEALTH

Module 2: RELATIONSHIPS BETWEEN BODY, MIND
AND EMOTIONS

Module 3: SOCIAL RELATIONS & ASSOCIATIONS
WITH THE MUSCULO SKELETAL, IMMUNE,
BLOOD AND SKIN SYSTEMS

Module 4: SELF-ESTEEM, MONEY/ LOVE BALANCE

Module 5: PERSONAL DESIRES AND
COMMUNICATION

Module 6: OPEN-MINDEDNESS, SPIRITUALITY,
ENERGY AND RELATIONSHIPS

Module 7: NUTRITION USING THE HOLISTIC
APPROACH

Module 8: HEALTH FOODS AND SUPPLEMENTS

Module 9: DETOXIFICATION, MEDICINAL PLANTS,
AND AROMATHERAPY

Module 10: TREATING STRESS, IMPROVING SLEEP,
STIMULATING THE BRAIN, AND MAINTAINING A
HEALTHY WEIGHT

Module 11: FATIGUE, IMMUNITY, CHRONIC PAIN,
SKIN DISEASES, DIGESTIVE PROBLEMS, AND
ASTHMA

Module 12: MASSAGE, REFLEXOLOGY,
LITHOTHERAPY, RELAXATION, AND MEDITATION

Module 13: BACH FLOWERS, GEMMOTHERAPY,
AND HYDROTHERAPY

Module 14: IRIDOLOGY, LIGHT THERAPY,
HELIO THERAPY AND CHROMOTHERAPY

Module 15: PRACTICAL GUIDE TO NATUROPATHY



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